Esthetics Course Outline

Porter Creek Secondary School

|  |  |
| --- | --- |
| **Esthetics Course** | **Time** |
| Nail Tech | **30 hours** |
| **Skin Care** | **12 hours** |
| **Waxing** | **12 hours** |
| **Makeup** | **12**  **hours** |
| **Life Skills** | **12**  **hours** |
| **Safety (WHMIS / First Aid)** | **7 hours** |
| **Microbiology & Infection Control** | **12**  **hours** |
| **Practicum & Portfolio**  **Development** | **20 hours** |
| **Total Hours** | **120 hours** |

**Course Outline**

Microbiology

* + Bacteria
  + Growth of bacteria
  + Viruses
  + External Parasites
  + Infection
  + Immunity

Infection control

* Sanitation
* Disinfection
* Sterilization
* Infection control guidelines

First Aid

* Bleeding and wounds
* Burns
* Choking
* Fainting
* Eye Injury

Workplace Hazardous Materials Course

* Unit study
* Course Exam

Makeup

* Everyday
* Special Event
* Mens makeup
* Teenage makeup

Nail Tech

* Manicuring
* Pedicuring
* Nail enhancements
* Nail art

Skin Care

* Products
* Facial Treatments
* Massage

Waxing

* Body hair removal
* Facial hair removal
* Eye brow design

**Major Class Assignments**

1. Microbiology Test
2. WHMIS certification
3. Unit Assignments
4. Professional Portfolio
5. Mission Statements
6. Reflective Journals

**Instructional Component**:

Instruction will consist of: interactive lectures, practical demonstrations; note-taking; related discussion, personal testimonials, questioning; guest speaker(s); and individual and group projects (to promote learning connections).

**Learning Outcomes &Assessment Component:**

*Students will be assessed on 5 basic learning outcomes throughout the course. All assignments and assessment practices will support one or more of the following areas.*

1. Knowledge- A student’s ability to demonstrate an understanding of the methodology learnt in the course. 10%
2. Personal communication- A student’s ability to communicate and behave as a professional. 25%
3. Safety- A student’s ability to perform tasks in a safe and sanitary way. 10%
4. Skill Application – A students ability to apply the hands on skills into a product 30%
5. Professional Development- A students ability to learn and develop their ability in this profession. 25%